

## Wesley Mission Brisbane Relief Service

316 St Pauls Tce (cnr of Warry St), Spring Hill

**Ph: 3216 1579**

Food Parcels—drop in  
Vouchers—by appointment  
Scripts up to \$35

**Hours:** 9am– 12noon/1pm– 4pm Monday to Friday

**Criteria:** Must be in crisis—bring ID

**Call First:** Drop in for food during office hours. For any other assistance an appointment is needed 2wks between appointments. No geographic barriers.

## Chermside Anglican Welfare Ministry

501 Hamilton Road, Chermside

**Ph: 3359 2012**

**Hours:** 9.30am-11.45am Tuesday to Friday

**Criteria:** Interview, by appointment

## Holy Trinity Pantry (Uniting Church)

97 Turbot St, Spring Hill

**Ph: 3852 4877**

Food

Financial Assistance – electricity, Telstra, rent, prescriptions (one arranged chemist)

**Hours:** For food: 12noon–3pm Monday to Friday

**Financial assistance:** 12noon-3pm Monday & Thursday

**Criteria:** ID & healthcare card/ pension card For financial assistance, must bring documentation (bill etc.).

## Café One on Wickham

Shop 56, 256 Wickham Street, Fortitude Valley

**Ph: 3252 3572**

Daily meals incl tea & coffee \$4.00

Health Nurse 1.00pm-2.00pm Wednesdays

Free legal clinic Thursdays 9.00am-11.00am

Centrelink Agency visit 8.30 am-9.30am Thurs

Referrals to accommodation & financial assistance

Local travel assistance—You need an appt for this!

Assistance with prescriptions & vision vouchers (only PBS scripts)

Clothing vouchers

Meal accounts system—need current Centrelink Statement

**Hours:** Monday 9.00am to 2.30pm

Tues—Thurs 7.30am to 2.30pm

Lunch—11.30am—2.00pm

**Criteria:** Anyone in need but must have ID, Just drop in.

## Aspley Care

479 Robinson Road West, Aspley

**Ph: 3862 7145**

Food

Financial assistance - rent & prescriptions

**Hours:** 10.00am-2.00pm Monday to Friday

**Criteria:** Current Centrelink income statement required, must be in demographic area.

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# EMERGENCY RELIEF

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*Where to get help  
when you need it.*

Before you call an organisation for Emergency Relief, please ensure that you first read about what they offer, when they are open and what their criteria is. This makes getting assistance easier for both you and them, and reduces the chances of misunderstandings.

# Emergency Relief

## The 139 Club

505 Brunswick Street, Fortitude Valley

**Ph: 3254 1144**

Drop in Centre for homeless or anyone experiencing difficulties in their lives

Breakfast & lunch served at weekdays at minimal fee

Free soup at meal times & free morning tea & afternoon tea

Free lunch available on Weekends & Thursdays

Showers, laundry services, free second-hand clothing, counselling, medical services, emergency relief, recreational activities, rest and storage facilities and a mailing address for people with no fixed address, plus other visiting support services—please ring for details

## Reach Out Community & Family Care

36 Baden Powell Street, Everton Park

**Ph: 3355 7444 / 0418 157 913**

Food — need to visit centre to collect

Free fruit and vegetables, small charge for everyday items, drinks and frozen meals

**Hours:** Tuesday to Friday 9.00am—4.00pm

Saturday 9.00am-1.00pm

## Manna House

151 Flockton Street, Everton Park

**Ph: 3353 1377 Mon-Fri 8.30am-5pm**

Do not need a healthcare card or pension card, anyone may access this service

Food Parcels (only 1 allowed per month for 3 months, \$7 initial cost)

Deliveries 1 day/week in local area or need transport to pick up otherwise

## Salvation Army – Taigum

Cnr Roghan & Lemke Rds, Taigum

**Ph: 3865 1416**

Please call office for appointment.

Food Vouchers or parcels (depending on resources)

Limited Telstra vouchers for landlines & Rent, only in special circumstances

Clothing & Furniture, depending on finances

**Hours:** Tuesday, Wednesday & Friday 9.30am - 3.30pm

**Criteria: Only by appointment. Must have a Centrelink referral, or referral from Caseworker**—3 forms of I.D. needed (1 photo I.D.).—Northside clients only!

## Harvest Food Assist

53 Telegraph Road Bald Hills

**Ph: 3261 4555**

Food— need to visit centre to collect

Grocery items at reduced prices, some are free.

If over \$7 is spent, able to receive free fruit and vegetables

**Hours: Bold Hills** Monday to Friday 9.00am—4.00pm

Saturday 9.00am—11.00am **Burpengary** Mon-Fri 9am-3pm

Saturday 9am-12.30pm

## Sandgate Uniting Church

116 Board St, Deagon

**Ph: 3869 0277**

Food Vouchers

Food Parcels

**Hours:** 9:00am – 11.30am Monday, Tuesday & Thursday

**Criteria:** Must be registered with Centrelink, a resident of Sandgate or surrounding area (postcode 4017 & parts of 4034). Must have ID & a concession card, or a referral from Centrelink.

**Please call for an appointment.**

## Salvation Army – Pine Rivers

27-29 Lawnton Pocket Rd, Lawnton

**Ph: 3285 2401**

Food Vouchers

Bills assistance

Referral to a Salvation Army Store for clothes & furniture

**Hours:** 10 am – 2:30pm Thursday

**Criteria:** Must be in Crisis. Prefer a Centrelink referral. Can only receive assistance three times each year. Must be a resident of Pine Rivers area.

## St Vincent de Paul Support Centre (Family Welfare Centre)

**Ph: 3010 1096**

Food

Furniture

Clothing

**Hours:** 8.30am – 4.30pm Monday to Friday

**Criteria:** Must be in financial hardship.

**Call First:** A home visit will be arranged

## Burnie Brae

60 Kuran Street Chermside

**Ph: 3624 2121**

Food hampers

**Hours:** 8.30am—4.30pm Monday to Friday

**Criteria:** Call centre for eligibility